A MEMORY STORY

Author: Thomas Lloyd

TheEvenMind

This is My Article:

A Memory Story

It is About:

Remembering Something

When I Want to:

- Remember Something
- I Count on My Memory

Many Things I Do:

I Count on My Memory

So This **Article**:

- A Memory Story
- Is About
- One example

When I Want to:

Remember Something
I Count on My Memory

The Memory Example

Well:

• The Memory **Example**

When I:

Start My Day I Try To Remember One Thing

So This:

- Is A **specific** instance
- As Memory **example**

When I:

Start My Day I Try To Remember One Thing

To Start the day:

- I like to have
- A drink of water

I like to **Start** the day

With a drink of water

Double Check

To get a:

- Drink of water
- In the morning
- Feels good

So:

I like to **Start** the day

With a drink of water

This is Memory example

Each morning:

- I try to remember
- Start the day
- With a drink of water

This is:

A **specific** instance As Memory **example** Pg 2

When I Want to:

- Remember Something
- I Count on My Memory

The Example:

For Article
A Memory Story

I will **share:**

The **Story**

Another Name For This Story is Starting The Day

Starting The Day

In The Story:

- When I
- Start My Day
- I Try To Remember
- One Thing

To **Start** the **day**:

I like to **have** A **drink** of **water**

I always like:

To **Start** the **day** With a **drink** of **water**

Each morning:

- I try to **remember**
- Start the day
- With a **drink** of **water**

To do this:

I Count on My Memory Pg 3

When I Want to:

Remember Something
I Count on My Memory

There are reasons:

To **Start** the **day** With a **drink** of **water**

In The Beginning

If I:

- Start the day
- With a drink of water
- It **feels** good

When I:

Start the day I like to Be positive

Wake up **positive** Anticipate **Events** and **activities**

Start the day Positive

Remember:

• Each day is unique

Each day is distinct

Неу:

I mean There will never be Another day like it

That day

So:

When I
Start the day
I like to
Be positive

Getting Going

I have said:

- When I
- Start My Day
- I Try To Remember
- One Thing

To **Start** the **day**:

I like to **have** A **drink** of **water**

Reasons are:

- Dry night
- Long time in sleep
- And
- It is reassuring

A drink of water

So:

I like to **Start** the day

With a drink of water

I always like:

To **Start** the **day** With a **drink** of **water**

Not Remembering

I don't always **remember:**

- To Start the day
- With a **drink** of **water**

Although I like:

To **Start** the **day**With a **drink** of **water**I don't always **remember**

Well:

- Sometimes
- After to wake up
- I notice

I did not **have** My **drink** of **water**

I notice Not yet

I do try:

To **Remember**

I Count on My Memory:

- To Start the day
- With a drink of water

If I forget:

Then
A flag on that

I always like:

To **Start** the **day** With a **drink** of **water**

Reasons are:

- Dry night
- Long time in sleep
- And
- It is reassuring

A drink of water

I do try:

To Remember

I Count on My Memory:

To **Start** the **day** With a **drink** of **water**

If I forget:

Then
A flag on that

Forgetting

If:

- The day starts
- Like
- Is under way

Sometimes I notice
I did not have
My drink of water

After the day:

- Gets under way
- Sometimes I **notice**
- I did not have
- My drink of water

Whoa:

I don't **like** that

It is really
Nice
To Start the day
With a drink of water

Yet:

- Sometimes I notice
- I did not have
- My drink of water

I mean:

I have **seen** this Many many **times**

I always **like** To **start** the **day** With a **drink** of **water**

Yet:

Sometimes I notice
I did not have
My drink of water

My Preference

It is really:

- Nice
- To Start the day
- With a drink of water

So:

It has
Occurred to me
This is
My preference

To **start** the **day** With a **drink** of **water**

And:

I have **reasons** for it

Dry night
Long time in sleep
And
It is reassuring

A drink of water

Then if I:

- Notice
- Not yet
- No drink yet

I **look** at My **memory**

I am:

Supposed to have **That**

To start the day With a drink of water

So:

• In my **memory**

I do try:

To Remember

I Count on My Memory:

- To Start the day
- With a drink of water

Then:

If no drink After time It bothers me

So I:

Look at my memory

In The Memory

I:

• Look at my memory

Why did I:

Not remember **Drink** of water

I mean:

- I have **put**
- Morning drink of water
- In my **memory**

Several times:

I have **put**Morning **drink** of **water**In my **memory**

Yet still:

Sometimes

After the day Is under way No drink of water

I did not yet have My drink of water

Whoa:

Then Wtf **Memory**

Why does this happen

Of The Mind

In my mind:

• There is a girl

In truth:

I think it is called A thought

Pg 10

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It is:
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She

This is probably:

- The same as
- The idea of
- I thought

Probably:

The **same** as The **idea** of **Ego**

She is:

- Inside
- With the **mind**

I did not:

Make her Yet **there**

So:

Why to say this

Guarding The Mind

Well:

- To some **degree**
- She seems to
- Guard the mind

And:

Article is A Memory Story

So **Topic** here is:

Memory

Pg 11

Specific instance here:

Is the memory

Memory is:

• Part of the mind

Sometimes:

We need to Remember things

They are:

Then

In memory

We know memory

Often:

- We do ok
- On that

Yet **here**

In the morning

Sometimes
I forget
The drink of water

Oh the memory

I go past:

- The beginning
- With yet
- No drink of water

Whoa, then:

The memory

Well:

- If she
- Guards the memory
- Then I must see it

I want drink of water:

It seems ok

Dry night
Long time in sleep
And
It is reassuring

A drink of water

Several times:

I have put
Morning drink of water
In my memory

Yet sometimes:

Memory is slack
On
Morning drink of water

Sometimes
I forget
The drink of water

I go past:

The **beginning**With **yet**No **drink** of **water**

I like to **Start** the day

With a drink of water

Girl As Suspect

Why no **drink** Pg 13

Several times:

I have **put**Morning **drink** of **water**In my **memory**

I like to **Start** the day

With a drink of water

If she:

- The girl
- Called a thought
- Guards the mind

I do not mean:

Forbidden

More like:

Watchful

Still:

- If morning
- No drink of water
- Then
- Girl As Suspect

Did **she:**

Put the **idea**Morning **drink** of **water**In the **memory**

I tried to do it:

Put drink in **memory** Several **times**

Yet:

SometimesNo drink of water
Pg 14

Why no correct:

Drink of water
In the morning

Did she **forget**

Access To The Mind

To access memory:

- We need
- · Access to mind

Whoa

We need
Access to mind

For to:

- Enter details
- Facts
- Into **memory**

Each **one** His **task**

This is, then:

• Building the memory

We **know** this

Maintain it:

Memory

It **looks** like:

Here

Hey

We are not alone

She is **not:**

• Directly mind

I **see** her She **talks** Perhaps **more**

I like:

Morning drink of water

Main Point

For **me:**

- If I want
- To **count** on
- Memory
- I must do it myself

To be sure:

I must do it myself

I like to **Start** the day

With a drink of water

I like:

Memory of To start the day With drink of water

Then:

• I must do it myself

To be sure:

I must do it myself

The only way:

- That I know for this
- Is
- Repeat method

Try to get it:

In memory

Over and over Until I get it

Remember to have **Drink** of water To start the day

She is **not**Directly **mind**

Hoping For Me

So I:

- Cannot **count** on **her**
- Cannot depend on her
- To **build** memory

I must **put** it:

My idea

I got to **do** it **myself:**

• Yep

Until it is:

Registered in the **memory** Then **me**

I got to do it myself

Whoa, then:

Happy day coming

ENDING

I cannot **count** on **her:**

- I have **shown** this
- I believe it too

Whoa:

She is **not**Directly **mind**

So:

Questionable access
To mind

Especially memory:

Like In this **example**

A drink of water To start the day

Article is:

A Memory Story