

Sour Fire

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This is My **Article**:

- **Sour Fire**

*It is **About**:*

Sour Fire

An **Energy** that has
Turned into **Fire**

An **Energy**:

- That has
- Turned into **Fire**
- Would Be One that
- Had Been **Left**

*By **Left**:*

I Mean like

Stored

*Or **Neglected***

We All Have:

- **Energy** in Our **Day**

And Sometimes:

Something Might **Interfere**
With The **Flow** of
Our **Energy**

For example:

*At Some **Time***

We Could Get

Interrupted

Interfered with

*Or Held **Back***

An example would be:

- Like on
- A **Project We Do**

If We Are:

Interrupted
Interfered with
Or Held **Back**
Like On A **Project**
It Can **Hinder** Us

Held Back Energy:

Could Get **Stored**
In Our **Mix**

So:

- If We Have
- An **Energy** that
- Has Been **Left**
- Then After **Time**
- It Can Be **Trapped**

If We Find:

An **Energy** Like This
In Us
A **Trapped** Energy
It Can Turn To **Fire**

A **Trapped** Energy:

- Can Turn To **Fire**

And If We:

Find it **Later**
And It Gets **Released**
It Can **Release** like
Sour

I Say This:

Because
I Have **Found** it

A **Trapped** Energy:

- That Has
- Turned To **Fire**
- Can **Release** like
- **Sour**

*Then This **Article**:*

Sour Fire

Us And Our Energy

We All Have:

- **Energy** in Our **Day**

For example:

*We Might Have
An **Energy** of
Enthusiasm
Determination
Or **Desire** To **Do** Something*

This is:

During Our Day

Sometimes:

- Something Might **Interfere**
- With The **Flow** of
- Our **Energy**

I Said that:

*Sometimes Our **Energy**
Might Get
Stored
Or Neglected
Left **Behind***

*We Have **Seen** This:*

*At **Work**
A Job*

An **Energy**:

- Left **Alone**
- Like
- Held **Back** from
- The **Flow**
- Can Get **Trapped**

*After **Time**:*

*It Can Be **Trapped***

So:

*Us And Our Energy
We **Know** to be
Careful*

The Story

Sometimes:

- Like **During** Our **Day**
- Something Might **Occur**

In This example:

*We Might Get
Nervous*

***Nervous** energy:*

*If it gets
Trapped
Can
Turn to **fire***

Whoa

So:

- How it **occurs**

We might:

*See
Or encounter
A trying **moment***

Maybe:

*An event
An encounter
A circumstance*

This could be:

- Especially
- If
- We are **busy**

Busy is like:

*In **action**
Preoccupied
Or occupied
Like
In the
Middle of something*

*An event
An encounter
A circumstance*

We **know** that:

- We cannot **do**
- Always
- What we **want**
- **When** we want

We always **know**:

*With **others**
Bend and flow
Is
A **Common** thing*

With **others**:

*We **know**
Compromise
Considering
Allowing*

So:

- Sometimes
- Like in Our **Day**
- Something Might **Occur**

The example is:

*We Might Get
Nervous*

About Nervous Moment

If We Have:

- Example is
- **Nervous** Moment

Many things can:

Happen in Our **Day**

Even things can:

Interfere for us
When we are **having**
A **nervous** moment

Hey:

- Things **occur**

So:

*Sometime we might
Get **nervous***

Well:

- If we **do**
- Get **nervous**
- Then there might be
- Some Nervous **energy**

*We might **find**:*

*A Nervous **energy**
In our **day***

*For us
With us
Around us
About us*

*A Nervous **energy**:*

*In our **day**
Could **occur***

Then:

- If we are **busy**
- Like
- **Doing** something
- We may not have
- **Time** for it

We could be:

*With **others***

*Maybe
Compromise
Considering
Allowing*

So:

- Our **energy**
- Could get **neglected**

We may not have:

***Time** for it*

We might have to:

***Stow** it
Like
Leave it **back***

Maybe:

*Until **later**
A later **time***

If:

- Nervous **Moment**
- Is the example
- Our **energy** could
- Be left **back**

We may not have:

Time for it

Importance of It

Continuing:

- Sometime
- Our **energy**
- Could get **neglected**

*If this **happens**:*

If it really

Matters

Then we might

Care about it

We might:

Tell ourselves

That

*We should **remember** it*

We **know**:

- These **kind** of **things**

If we:

Do get

*A nervous **energy***

And

*Not enough **time** to*

Think about it

Then we might

Care about it

If we cannot:

- **Resolve** it
- Then
- It could get
- Left til **later**

When it is:

*Left til **later***

Then

*It might **become** like*

Trapped

*A **Trapped** energy:*

Is like

Isolated

*Or Left **alone***

*A **Trapped** energy:*

***Importance** of It*

*Is up to **us***

The Topic

The **Topic**:

- Is about
- Some **nervous** energy

*Nervous **energy**:*

That was

*Left til **later***

When:

- The **later** occurs
- We hope to
- **Recognize** that **energy**

Usually:

*It is **ours***

At later **time**:

- When that energy
- **Arrives**
- Or **happens**
- Then
- We might come **upon**
- A **trapped** energy

So if we **do**:

Come **upon**
A **trapped** energy
A **left** energy
Like
From **before**
We hope to
Recognize that **energy**

Usually:

It is **ours**

Then:

- We might want to
- **Resolve** it

This could be:

Level it off
Smooth it
Soothe it
So there is no
Bad memory of that

The **trapped** energy:

Maybe the **moment**
Or **event**
When it **happened**
Could **resolve**

And The **Topic**:

Is about
Some **nervous** energy

*Nervous **energy**:*

*That was
Left til **later**
Could get **trapped***

The Topic Name

A **nervous** energy:

- Like from **before**
- We might **see** it
- **Manifest**

We could:

***Encounter**
A **previous** energy
That was
Left til **later***

If it:

- **Resolves**
- Then I
- **Call** this **energy**
- This **trapped** energy
- **Sour Fire**

Sour Fire:

*Is
An **Energy** that has
Turned into **Fire***

*A **previous** energy:*

*That was
Left til **later**
That got **trapped**
Could **release***

Release would be:

- The **resolve**

If it:

Resolves

Then I

Call this energy

*This **trapped** energy*

Sour Fire

The:

- **Releasing** of it
- Like in **resolve**
- Or **arrival**
- Into **now**
- I **call** this **energy**
- **Sour Fire**

Sour Fire:

Is

*The **Topic Name***

My Experience

I have:

- **Experienced** this
- **Kind of thing**

*This **trapped** energy:*

Sour Fire

*An **Energy** that has*

Turned into Fire

*From **trapped***

For me:

- When I **do**
- **Resolve** it
- The **trapped** energy
- Upon **release**
- It is like
- **Sour Fire**

*It **seems** that:*

*It was **trapped***

So
After **time** it
Turned to fire

Yet:

- I made no **error**

So the **energy**:

Was **contained**
Like
A part of **nature**

The **word**:

- **Sour**
- It also **seems**
- That
- In being **trapped**
- And **turning to fire**
- That
- The **energy** can
- Go **Sour**

But upon **release**:

This was **positive**

Then:

- **Sour Fire**
- It usually **feels ok**

Ok:

To **release**
A **trapped** fire

Even if:

It **manifests as**
Sour
Still ok

On Sour Fire

I **think** that:

- The **view** of this
- Is **positive**

The release of:

Trapped energy
Which has
Turned to fire
Manifests as
Sour Fire

So this is:

Sour Fire

*Article **Topic** Title:*

Sour Fire